WEEK 3

WEEK STARTING:

May 1

May 22

June 19

July 10

September 4

September 25

October 16





TUESDAY

CHOOSE FROM

V Tomato pasta

Chicken Katsu curry with a blend of brown and white rice

ON THE SIDE

Vegetable of the day or salad

TO FINISH

Freshly baked oat and sultana cookie

THURSDAY

CHOOSE FROM

Vegetable wellingtonRoast chicken with Yorkshire pudding

ON THE SIDE

Roast potatoes, vegetable of the day and gravy

TO FINISH

Victoria sponge

MONDAY

CHOOSE FROM

Five bean chilli with a blend of brown and white rice

Chicken meatball sub with BBQ sauce and diced potatoes

ON THE SIDE

Vegetable of the day or salad

TO FINISH

Ice-cream or yogurt with fruit salad

WEDNESDAY

CHOOSE FROM

W Margherita pizza

Fishcake

ON THE SIDE

Crinkle cut wedges and vegetable of the day or salad

TO FINISH

Orange jelly topped with chocolate whip

FRIDAY

CHOOSE FROM

Macaroni cheese with Somerset cheddar

Fish fingers and chips

ON THE SIDE

Vegetable of the day or salad and chips

TO FINISH

Chocolate brownie

DOWNLOAD OUR CALENDAR AND PICTURE MENU RESOURCES HERE www.hants.gov.uk/hc3s





Sustainable thinking

YOUR SCHOOL MENU CLASSICS

APRIL - OCTOBER 2023

My son and the children I child mind for have nothing but amazing things to say about the food. Whenever I have tasted it at parent evenings, I'm always a little jealous they get to eat it every day!

- Facebook Parent 2022











WEEK 1

WEEK STARTING:

April 17

May 8

June 5

June 26

July 17

September 11

October 2



MONDAY

CHOOSE FROM

- 9 Nacho bean bites with diced potatoes
- Pork sausages with mashed potato and gravy

ON THE SIDE

Vegetable of the day or salad

TO FINISH

Ice-cream or yoghurt with fruit salad

TUESDAY

CHOOSE FROM

9 Sweet potato and lentil curry with a blend of brown and white rice Cheeseburger with crinkle cut wedges

ON THE SIDE

Vegetable of the day or salad

TO FINISH

Freshly baked shortbread biscuit

THURSDAY

WEDNESDAY

CHOOSE FROM

W Margherita pizza with diced potatoes

Ham carbonara with penne pasta

ON THE SIDE

Vegetable of the day or salad

TO FINISH

Trifle

FRIDAY

CHOOSE FROM

Quorn chicken pieces in a Yorkshire pudding Sliced beef with Yorkshire pudding

ON THE SIDE

Roast potatoes, vegetable of the day and gravy

TO FINISH

Chocolate pudding

CHOOSE FROM

V Summer vegetable guiche

Baked fish fingers

ON THE SIDE

Chips and vegetable of the day or salad

TO FINISH

Banana flapjack

WEEK 2

TUESDAY

Chicken nuggets with crinkle

Vegetable of the day or salad

Freshly baked chocolate cookie

Vegetable and bean burrito

cut wedges

ON THE SIDE

WEEK STARTING:

April 24

May 15

June 12

July 3

August 28

September 18

October 9

Our primary school menus comply with the Government's food and nutritional standards, meeting an average of 530 calories for each meal

MONDAY

CHOOSE FROM

▼ Roasted vegetable lasagne Pork sausage roll with diced potatoes

ON THE SIDE

Vegetable of the day or salad

TO FINISH

Ice-cream or yoghurt with fruit salad

WEDNESDAY

CHOOSE FROM

W Margherita pizza

Bubble salmon

ON THE SIDE

Diced potatoes and vegetable of the day or salad

TO FINISH

Orange and strawberry jelly

THURSDAY

CHOOSE FROM

(V) Quorn and leek pastry crown Sliced pork with Yorkshire pudding

ON THE SIDE

Roast potatoes, vegetable of the day and gravy

TO FINISH

Lemon drizzle sponge

FRIDAY

CHOOSE FROM

 Somerset cheddar cheese and tomato quesadilla **Baked battered fish**

ON THE SIDE

Vegetable of the day or salad and chips

Love cake