



PE and Swimming lessons – Spring 2021

Dear Parents and Carers

PE and swimming lessons will be starting on Tuesday 5th January. Providing the guidance doesn't change again between now and the end of the academic year, we will be swimming throughout the Spring and Summer terms. Swimming lessons will be taught by Mrs Howard and Miss Lewis, with children learning indoor athletics with Mr Timms during the Spring term. The outdoor programme for the summer term will be confirmed later in the year.

Classes who are swimming will come to school in their normal school uniform on their PE day with swimming kit in their swim bags. Classes who are doing indoor athletics will continue to come to school on their PE days in their PE kit, as they have done throughout the Autumn term. The classes doing indoor athletics will have an element of each session outside.

PE kit for indoor athletics

MRJS shorts and t-shirts, trainers, spare socks, spare shoes, a carrier bag, tracksuit bottoms or leggings, a warm top and waterproof jacket.

Swimming kit

Boys: plain blue or black trunks (ie speedos or jammers, not baggy shorts)

Girls: a plain blue or black one-piece swimsuit

All children will need a swimming hat and towel. Fabric hats can be purchased from the school office for £1.40

PE programme for Spring Term

	PE Day	Spring 1	Spring 2
3AT	Tuesday	Swimming	Indoor Athletics
3MD	Tuesday	Indoor Athletics	Swimming
4JS	Wednesday	Swimming	Indoor Athletics
4IC	Wednesday	Indoor Athletics	Swimming
5MC	Thursday	Indoor Athletics	Swimming
5JH	Thursday	Swimming	Indoor Athletics
5SG	Friday	Indoor Athletics	Swimming
5SH	Friday	Swimming	Indoor Athletics
6AF	Friday	Netball	Netball
6GR	Monday	Swimming	Indoor Athletics
6SB	Monday	Indoor Athletics	Swimming



Year 6 swimming

6AF will be swimming in the first half of the summer term. If Covid restrictions allow, I would then like swimming in summer 2 to focus on ensuring all of our children leave us being able to swim at least 25 metres, being able to use a range of strokes effectively and being able to perform safe self-rescue in different water-based situations. I will share a plan for this later next term.

DBA .

David Bessant
Headteacher